


BIBLICAL INSIGHT TO

# ENGAGING HEAVEN

AUDIO LESSON HANDBOOK

STEP INTO A PLACE WHERE  
THE SPIRIT IS UNLIMITED!



DR. AMY LAVON  
MCMILLAN

**Biblical Insight to**  
**Engaging Heaven**



**Audio Lesson Workbook**

by  
Dr. Amy La Von McMillan

Biblical Insight to Engaging Heaven – Audio Lesson Workbook  
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## **Dedication**

I dedicate this book to my dear friends and family in Christ, Ritch and Connie Wood. Your strong pioneering spirit, lavished with the richness of God's love, has encouraged me to step out beyond the 'beyond.'

I would also like to honor my mentors Gil and Adena Hodges, founders of Kingdom Equipping Center, for their love and support in training and equipping me to breakthrough the Greek mindset and press into a Kingdom mindset.



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## Foreword

Jesus proclaimed that His Kingdom is not earthly.

*“For behold, the kingdom of God is in the midst of you.*

*You won’t be able to say, ‘Here it is!’ or ‘It’s over there!’”*

(Luke 17:21)

Entering the *Spiritual Kingdom of God* became the gospel’s core preached in the early church. In the forty days between the resurrection and ascension, Jesus prepared his disciples to spread the gospel *speaking of the things concerning the Kingdom of God* (Acts 1:3). *The kingdom of God does not consist of words only but demonstrates the power of God.* (1 Cor 4:20) *This mystery, hidden for ages and from generations, has now been made manifest to His saints* (Col 1:26).

In reading this, you will understand the insight into the *mystery* of Christ and His Kingdom.

*–Apostle Paul*



## Preface

My life was turned upside down when the Holy Spirit overwhelmed me with His presence on the morning of December 14, 2013. That morning, I was reading Isaiah 49 when suddenly the fire and the voice of the Lord came upon me saying, “*You will do more than restore the people of Israel to me. I will make you a light to the Gentiles, and you will bring my salvation to the ends of the earth.*” I later discovered this was the same calling given to the Apostle Paul, and in 2016, the Lord confirmed *my* calling as an apostle.

While I didn’t understand the word of the Lord in the beginning, over the next three years, I learned more about the reality of our *spiritual life* than the church taught. Going forth, as the Lord commanded, I also discovered not everyone was as *excited* about the revelations and encounters of the Spirit as I was; in fact, *repudiation* is the best word to describe what immediately followed the commission. Believe me, when I say I was deeply troubled as to *why* my Christian family would shun me, why my church leaders would reject me, and why I has so many dreams, visions, and encounters.

While the intimacy of God was increasing, so was the spiritual warfare. Later, I would call this my *wilderness time*. Then came a miraculous moment during a quiet writing time when the Lord spoke intimately to me, saying,

“Who is this coming up from *the wilderness*, leaning on her beloved? Beloved, it is I who has sheltered you and protected you. I have hidden you in the palm of My hand where no enemy could access your life. Though it may have felt to you like he did, My Word is true; *no weapon formed against you can prosper*. Now, I am bringing you into a land fruitful with milk and honey. But *know* this, there will be a new protocol for your new land. You won’t be able to live your life in the Promised Land the same way you lived it in the wilderness. Focus is required. You must destroy the giants of doubt and unbelief. You must press into the sacred mandate I have placed on your life with everything you have. Where I am taking you, you have not gone before, but My presence will go with you, and I will hold your hand. I am making all things new in your life. Therefore, do not remember the former things nor consider the things of old. *Behold, I am doing a new thing; now it springs forth*, and I say to you today that you will know it. You will know it as intimately as a husband knows his wife, for you shall experience these new things from My hand.”

The Lord has held faithful to His promise. He has opened my eyes to *see* His Kingdom, *my promised land*. The audios and writings in this study have become the ‘new thing’ foundation. Tutored by great forerunners of the *mystic* faith and my engagements in Heavenly realms, known as ascensions, this book will guide you to walk in the *full stature of Christ* as Paul desired us to know.



The purpose of this inspired teaching is to give you a solid biblical foundation encouraging you to participate in the call to ‘come up here’ (Rev 4:1). This introduction to engaging Heaven will lead you to experience your own incredible personal journey, thrusting you into greater depths of the Father’s heart.

If you are hungry, thirsty, and desiring *more*, I pray that you lay aside all you have learned from the Greek mindset teaching of the church and allow the Spirit of God to guide you into the *fullness* of what He has planned since the beginning of time. The call is, “Come up here!”

May you enjoy your Heavenly engagements!

–*Shalom*



## INTRODUCTION

The acknowledgment of spiritual ascension is unveiled at this appointed time as one of the key components in God's 'end-time' grand plan to prepare His bride to be *without spot or wrinkle*.

We know God created humanity for His pleasure to love, honor, and cherish forever. We, too, having been made in God's image, can love, honor, and *behold* Him as He perfects through the Spirit and the Word.

Isaiah prophesied we would *see* the King in His beauty (Isa. 33:17). This prophecy will ultimately and finally be fulfilled in the 'generation' that Jesus returns in. The question is: Are we that generation? The good news is that Jesus' work on the cross tore the veil to have access to the Father.

**Spiritual ascension is a way to  
BEHOLD THE KING!  
To transcend and be where He is.**

Genesis 1:1 says, *In the beginning, God created the Heavens and the earth*. This scripture isn't just describing the land and the sky's atmosphere. The Hebrew word for *heavens* is Has-Samayim. It's plural, meaning more than one heaven connected to a single source. It comprises all spiritual dimensions, as well as our physical atmospheres. Amos describes it like this: *God has built His stories [layers, steps] in the heavens* (Amos 9:6).

Two governing Kingdoms, known as the Kingdom of God and the Kingdom of this world, exist within our sphere of influence. The word *kingdom* is synonymous with the word government. People who belong to God and do His will are part of the Kingdom of God. People who reject God's will and do their own will belong to the Kingdom of this world. These two groups of people are physically existing, mixed, and interacting in a 'system' of governments.

**Let both grow together until the harvest.  
Then I will tell the harvesters to sort out the  
tares, tie them into bundles, and burn them,  
and put the wheat in the barn.**

(Matt 13:30)

The spirit realm is a dimension of reality *beyond* what we can see with our natural eyes. Although we cannot see the *eternal* in the natural, the Apostle Paul still commands us to *fix our eyes on the unseen since what we see in the 'natural' is temporal*. (2 Cor 4:18)

The 'unseen' eternal supernatural realm has two groups of beings, holy and unholy, who actively exist alongside the physical realm. These two realms overlap and interact with each other, making the spiritual realm shaped by activities in the physical realm. The supernatural realm overrules the physical realm, and that's a good thing, especially when the doctor's diagnosis comes back negative.

Throughout history, mankind has learned to ignore what he does not understand, calling it a myth, superstition, or irrelevant. However, Adam and Eve didn't *see* it that way. They *saw* God and walked with Him in the cool of the day. They *heard* Satan speak from a serpent, tempting them. They *saw* in the spirit

realm until the day of the fall when their spiritual eyes were ‘closed,’ and their carnal eyes (so to speak) were ‘opened,’ and what they saw changed their lives.

Jesus made us spiritually alive. Our eyes are now open to the spiritual realm because the veil has been removed.

## **What Jesus has for you to SEE will change your life!**

Jesus promised to reveal things that *eyes have not seen, nor ears have heard*. He promised to show you where *the exceedingly abundantly above all you can ask or think* resides (Eph 3:20). It’s a place beyond your faith. It’s the place where the bride is to make herself ready (Rev 19:7).

The scope of this study is to help you establish a deeper connection with the divine Godhead, to *have your eyes enlightened* as Paul prayed (Eph 1:18), and to experience the heavenly dimensions you were created to participate in.

More than anything, may this study deepen your intimacy with the Godhead so that you may ‘behold’ your King!



## ESSENTIAL OILS

Spirit Unlimited, Int'l has chosen to support Young Living Essential oil products, a Christian-based company, because of their trusted purity and expertise in products. Spirit Unlimited, Int'l is not an affiliate nor receives any compensation for promoting Young Living products. Products can be purchased at **[www.youngliving.com](http://www.youngliving.com)**

Essential oils from plants have always played an important part in religious and spiritual ceremonies, helping participants transcend the trivial and connect with something larger than themselves. The pure constituents in these oils stimulate olfactory receptors and activate regions in the brain's limbic system associated with memory, emotion, and state of mind.

While it's only the Word and the Spirit of God that transforms and transcends us into deeper intimacy with the triune Godhead, the following essential oil *blends* are recommended solely for enhancing the physical senses while strengthening the inner spirit-man.

At the end of each audio session, there is a Heavenly engagement interaction. I recommend the following essential oils be used.

**Part 1a Faith™** Essential oil blend has been specially formulated to help you feel grateful, humble, and fully secure. This confidence-boosting blend enhances spiritual influences, promoting deeper meditation and a greater sense of spiritual awareness and connectedness.

**Part 1b Sensation™** Combines pure Ylang Ylang, Coriander, and other essential oils to encourage feelings of love and affection when diffused.

**Part 2 Awaken™** A blend of five other blends. Expertly formulated to help you become aware of limitless potential when used aromatically. Awaken is the first step toward making positive life changes.

**Part 3 Clarity™** Blends Basil, Rosemary, Peppermint, and other essential oils for an aroma that invites a sense of clarity and alertness.

**Part 4 Humility™** A blend of pure essential oil scents that promotes deeper spiritual awareness. True humility is the foundation of emotional strength.

**Part 5 Surrender™** A blend of Lavender, Black Spruce, Roman Chamomile, and other essential oils that provides aromas to help *cast off* inhibitions that may be controlling your life or limiting your potential.

**Part 6 Forgiveness™** Contains an aroma that supports the ability to forgive yourself and others while letting go of negative emotions, an important part of personal growth.

**Part 7 Peace & Calming™** A gentle, sweet blend of Ylang Ylang, Orange, Tangerine, Patchouli, and Blue Tansy, is one of Young Living's most popular essential oil blends.

**Part 8 Abundance™** Combines oils such as Orange and Ginger, which were used by ancient cultures to attract prosperity and magnify joy and peace.



## Recommended Resources

***Releasing Emotional Patterns with Essential Oils*** By Carolyn L. Mein D.C. A step-by-step guide providing a natural remedy for emotional cleansing. It offers over 160 pages, including charts, diagrams, and easy-to-follow instructions.

***Unlocking Destinies From the Courts of Heaven*** By Robert Henderson. Dissolving Curses That Delay and Deny Our Futures.

***Operating in the Courts of Heaven*** By Robert Henderson. Granting God the Legal Rights to Fulfill His Passion and Answer Our Prayers

***Prayers That Rout Demons: Prayers for Defeating Demons and Overthrowing the Powers of Darkness*** By John Eckhardt Powerful warfare prayers and decrees taken from Scriptures breaking the powers of darkness and release the blessings and favor of God. This prayer tool includes an introduction to spiritual warfare and biblical principles for praying to overcome demonic influence and oppression.



## THE CALL

Beginning with the basics, one definition for the word ‘ascend’ is: *a movement or a return toward a source or a beginning*. Indeed, that is the perfect definition for ‘spiritual’ ascension. We are *born from above*, and now we want to return to *our* source or beginning.

Paul stated it was Jesus who *first descended, then ascended* (Eph. 4:10). When looking at the word ‘descend,’ one definition is: *to appear or become manifest, as a supernatural being*. By definition, we can say that Jesus, a supernatural being, manifested (descended) then returned to His source or beginning (ascended).

### **He came down from Heaven and then returned to the Father.**

(John 6:38)

The foundation I want to layout for this study on ascension begins with understanding the purposeful meaning of Jesus’ PHYSICAL ascension.

- 1- His physical ascension signaled the end of His earthly ministry and ended His period of ‘human limitations.’
- 2- It signified success in His earthly work, and He accomplished all He had come to do.
- 3- It marked the restoration of His Heavenly glory.
- 4- It symbolized His exaltation by the Father.



5- It allowed Him to prepare a place for us.

6- It indicated the beginning of His ‘new work’ as High Priest.

7- It set the pattern for His return.

His death, burial, resurrection, and ascension made way for us to become *the one new man* (Eph 2:15). We are born from above: *we are born of the Spirit* (John 3:3), able to ascend, that is, to move or return to the place where the Father resides. The entrance to this place begins at the torn veil. We now can ascend (move or return) to that ‘secret place’ not accessible to humanity before. We now can ascend (move or return) to that ‘Holy place’ that’s not on earth but in a Heavenly kingdom. A place described by Jesus when He said, “*Verily, Verily, I say to ALL of you, [not just to the Apostles] that you will see Heaven open, you will see the angels of God, you will see the Son of Man...*” (John 1:51). In other words, Jesus put a HOLE in the devil’s ozone layer through the torn veil.

**Jesus’ death, resurrection, and ascension  
grants us the SAME heavenly access  
He had while on the earth.**

Did you know Jesus would spiritually ‘ascended’ to see what the Father was doing? He spiritually returned *to* His source or beginning. He confirmed this, saying, “*Truly I tell you, the Son can do nothing by himself but that which he ‘sees’ his Father doing because whatever the Father does, the Son also does*” (John 5:19).

Now, He says to His beloved, “You, too, will see Heaven

open. You, too, will see what the Father is doing. You, too, have been invited to this same ‘Heavenly Holy place’ by way of the Spirit.”

Spiritual ascension occurs when our spirit intertwined with Holy Spirit interacts in a Heavenly spiritual dimension where God dwells, entering by way of Jesus Christ. *He who is joined to the Lord becomes one spirit with Him* (1 Cor 6:17). Yes, we can ascend because we are a NEW CREATION. We have been made to ascend, and our goal is to return to our source.

Engaging Heaven was the plan of the Father from the foundations of the earth. Jesus is the ladder, the door, and the way. The torn veil gives us access to the heavenly throne room to *see* things our eyes have not seen and *hear* that which ears have not heard. We are ‘born from above,’ and now we want to return – we want to ascend.

**We don’t have to wait until  
physical death to answer the call,  
‘COME UP HERE!’**



## ENGAGEMENT APPLICATION SECTION

### Point to Ponder:

Jesus' death, resurrection, and ascension grant us the *same* heavenly access He had while He was on the earth.

### Memory Verse:

*And the same one who descended is the one who 'ascended' higher than all the heavens so that he might fill the entire universe with himself.* Ephesians 4:10

### Reflections:

1. In you own words, define the term 'spiritual' ascension.

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2. What is the significance of Jesus tearing the veil?

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3. List some purposeful meanings of Jesus' physical ascension.

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## Using New KJV Fill-in-the Blank Questions

### Ephesians 4:9-10

Now this, “He ascended” – what does it mean but that He also first \_\_\_\_\_ into the lower parts of the earth? He who descended is also the One who \_\_\_\_\_ far above all the Heavens, that He might fill \_\_\_\_\_.

### John 6:38

For I have come \_\_\_\_\_ from Heaven, not to do My own \_\_\_\_\_, but the \_\_\_\_\_ of Him who sent Me.

### Ephesians 2:15

having abolished in His \_\_\_\_\_ the enmity, *that is*, the \_\_\_\_\_ of commandments *contained* in ordinances, so as to create in Himself one \_\_\_\_\_ *from* the two, *thus* making \_\_\_\_\_.

### John 3:3

Jesus answered and said to him, “Most assuredly, I say to you, unless one is \_\_\_\_\_, he cannot see the \_\_\_\_\_ of God.”

### John 1:51

And He said to him, “Most assuredly, I say to \_\_\_\_\_, hereafter \_\_\_\_\_ shall see Heaven open, and the angels of God \_\_\_\_\_ and \_\_\_\_\_ upon the Son of Man.”



## About the Author

**B**ORN and raised in the Sierra foothills of California, author and speaker Dr. Amy LaVon McMillan began her passion for studying God's word at the age of seven. Throughout the years, Father has richly blessed her with mentors, leading and challenging her to be a diligent student of His word.

Along with her commitments, as a wife, mother, and grandmother, Dr. Amy ministers biblical truths with fresh, exciting energy. Her messages testify to God's incredible love and how He miraculously revives, restores, and rebuilds our lives to live in *unspeakable* joy and victory that was planned from the beginning of time.

In the fall of 2016, Dr. Amy wrote her first book, which became a devotional series called *A Heavenly Moment*. The book was a kickoff from video broadcasts posted daily on a local Christian radio station's Facebook page; the videos ran for six months. A few months later, inspired by the Holy Spirit, these messages were modified to a book format that can be enjoyed time and time again. But it didn't end there. To her surprise, the Holy Spirit inspired Dr. Amy to write volumes two and three. When she thought she was done, *again*, more books came forth.

No matter the type of platform, book, teaching, or video broadcasting, Dr. Amy's desire is to draw you nearer to the Father's heart to receive more than you can possibly imagine.

To access more of Dr. Amy's books and teachings, please visit her web page.

*Thanks for reading!*

**[www.SpiritUnlimited.org](http://www.SpiritUnlimited.org)**

# Where I am, you must be also!

John 14:3

## Ascend into Deeper Intimacy

In this Introduction to 'Engaging Heaven'  
you will grasp the revelation of how to:

- \* Answer the Call to "Come up Here"
- \* Break 'through' natural limitations
- \* Develop your supernatural senses
- \* Walk in full power and spiritual authority
- \* Overcome Satan's accusations in the Courts of Heaven

Dr. Amy Mc Millan presents a ten-part audio teaching and workbook with a solid biblical foundation and real-life applications to lead you into the Holy of Holies. This complete study will deepen your understanding to scriptures related specifically to engaging and operating in the spirit realm that we were commanded by the Apostle Paul. As you seek and pursue the Holy Spirit throughout this course, you will find yourself engaging in deeper intimacy with the trune God-head, and in turn, enhancing your spiritual senses that may have been lying dormant.

*"Welcome to where the  
Spirit is Unlimited!"*



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